

Career Roundtable Assignment

PPD 3, Fall 2021

1. Due Date: **October 8, 5 pm CST** Upload assignment to Blackboard
2. If not turned in on time, an additional writing assignment will be required.
3. Reflecting on what you heard, which career/internship resonated **most** with you and why?

The internship that resonated most with me was the summer internship with the FDA based on the presentation by Ebony Cotton. The reasoning for this is because I am very interested in lab work and always have been. I enjoy being able to work hands on and conducting experiments. I also have a lot of experience working with, and understanding dense research papers/presentations which would help me thrive in this setting.

4. What are some elements you consider when thinking about the type of career you want in pharmacy?

When choosing an exact type of career in pharmacy there are many things I would want to take into consideration. The first and most important element to me would have to be what is the environment I will be working in. Possible environments would include a community store, a hospital, or maybe even a lab. So far, I really am not leaning toward one in particular, I believe that will come with time and experience. The next most important element would be who I will be interacting with. Will I be more inclined to work with other pharmacists behind the counter, interacting with doctors and patients throughout hospital, or maybe with one or two other people in a lab. The last element I believe it is important to consider is the time requirement and how that will intertwine with my future lifestyle.

5. What have you done so far and what are your next steps to get you closer to your career choice?

I currently do not have a set career that I am 100% positive that I would like to do. If I were asked to choose two right now, I would probably be choosing between hospital pharmacy or lab/compounding work. I do not have much experience working out in the field aside from community service and our two-week community IPPE rotation. The community rotation has allowed me to determine that I don't think that is specifically the path for me. However,

during that rotation I was able to spend time compounding in their lab and thoroughly enjoyed it. My next step I believe would need to be exploring and working in a hospital setting as that is in my top two of possible career paths. I am very excited for hospital rotations that will be coming next summer.

6. Reflecting on yourself coming into Pharmacy School, what advice would you give your P0 self in pursuing your desired career in pharmacy?

When I entered pharmacy school, I truly did not have any thoughts on what I would end up doing one day for a career except that it would be in the realm of pharmacy. I still currently do not have it figured out, but I would tell my P0 self to be open to every opportunity you can be in order to gain experience and knowledge of each possible career option. I would also tell myself that it really will be a lot harder than you realize, both school itself, and making career choices but take it day by day, don't stress the small stuff, and certainly ask for help if/when necessary.