

COMMUNITY RESOURCE GUIDE

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Hotline and Crisis Assistance

National Suicide Prevention Hotline: Suicide assistance national hotline.

- Phone: 988

Horizon Behavioral Health Services: Horizon offers many services to people of central Virginia including, suicide prevention, housing services, in/outpatient care, also school-based needs.

- Phone: (434) 447-5000
- Emergency Phone for After Hours: (434) 522-8191
- Lynchburg Location Address: 2215 Langhorne Rd. Lynchburg, VA 24501
- <https://www.horizonbh.org>

Crossroads: Offers services for youth, adolescents, and adults with substance abuse. They offer group and individual counseling, toxicology, televisits, and instant intake.

- Phone: 1 (800) 805-6989 (Call center open 24/27)
- Address: 2203 Graves Mill Rd. Forest, VA 24551
- <https://www.crossroadstreatmentcenters.com>

YWCA Central Virginia: Aids women and families in Central Virginia with racial and social justice issues, domestic violence, sexual assault, residential housing, youth programs, and supervised visits.

- Phone: (434) 847-7751
- Address: 626 Church St. Lynchburg, VA 24504
- <https://ywcacva.org>

Interfaith Outreach Association: Emergency Family Assistance: Provides services such as: the emergency assistance program, furniture and furnishing program, homeless prevention program, interfaith rebuilds, progressive release program, and vision information.

- Phone: (434) 846-6098
- Address: 701 Clay St. Lynchburg, VA 24504
- Email: ioa@ntelos.net
- <https://www.interfaithoutreach.org>

Danville-Pittsylvania Community Services: Community agency aides families with behavioral health, developmental, and prevention services.

- Phone: (434) 799-0456, (434) 656-8201
- Address: Main Office: 245 Hairston St. Danville, VA 24540 Gretna Office: 111 Center St. Gretna, VA 24557
- <https://www.dpcs.org>

Community Agencies

Pittsylvania County Child Protective Services: Aids children, under the age of 18, experiencing abuse or neglect.

- Phone: (434) 432-7281
- Address: 220 H G Mcghee Dr. Chatham, VA 24531
- <https://www.pittsylvaniacountyva.gov/government/departments/social-services>

Pittsylvania County Sheriff's Office: Serving the citizens of Pittsylvania County the sheriff's office with emergency and non-emergency services. They also serve in Pittsylvania County Schools as school resource officers.

- Phone: (434) 432-7800
- Address: 21 N Main St. Chatham, VA 24531
- <https://www.pittsylvaniacountyva.gov/government/elected-officials/sheriff>

Pittsylvania County Department of Social Services: Offers a wide variety of services under one roof. They offer a benefits program, family services, energy, food, and medical assistance to families in need.

- Phone: (434) 432-7281
- Address: 220 H G Mcghee Dr. Chatham, VA 24531
- <https://www.pittsylvaniacountyva.gov/government/departments/social-services>

Northern Pittsylvania County Food Center: Local food bank to provide families with supplemental nutrition services.

- Phone: (434) 432-8591
- Address: 402 Cheney Ln, Gretna, VA 24557
- No website. Can find on Facebook.

Private Therapists, Counselors, Psychologists, and Psychiatrists

Tiffany J. Mioduszewski, LPC: She provides a wide variety of counseling services to children and adults including anxiety, grief/loss, depression, anger, eating disorders, coping skills, trauma, behavioral issues, abuse, self-esteem, and ADHD. Offers in-person and online counseling services.

- Phone: (434) 732-2469
- Address: 1000 Jefferson St. Suite 1B Lynchburg, VA 24504
- <https://thriveworks.com/lynchburg-counseling/>

Kara M. Rooney, MD: Dr. Rooney provides psychiatric child and adolescent services. Specialty areas include ADD/ADHD mood and anxiety disorders, and behavioral disorders. Dr. Rooney also oversees patients in psychiatric inpatient child and adolescent unit. Offers in-person services.

- Phone: (434) 200-5999
- Address: 3300 Rivermont Ave. Lynchburg, VA 24503
- <https://www.centrahealth.com/providers/kara-m-rooney-md>

Frank Russell, Ph.D.: Dr. Russell provides services to children and adolescents with PTSD, ADHD, depression, and other behavioral issues. He evaluates for the courts, social services, disability services, including intellectual disabilities. Offers in-person services.

- Phone: (434) 792-2277
- Address: 1045 Main St. Danville, VA 24541
- <https://capsdanvilleva.com/our-clinicians>

Kimberly Bebeau, LPC: Provides services to children and adolescents with depression, anxiety, post trauma, and other behavioral challenges. She also works with human services agencies to provide parenting training. Offers in-person services.

- Phone: (434) 792-2277
- Address: 1045 Main St. Danville, VA 24541
- <https://capsdanvilleva.com/our-clinicians>

Medical Resources

Pittsylvania County Department of Social Services: Offers a wide variety of services under one roof. They offer a benefits program, family services, energy, food, and medical assistance to families in need.

- Phone: (434) 432-7281
- Address: 220 HG McGhee Dr. Chatham, VA 24531
- <https://www.pittsylvaniacountyva.gov/government/departments/social-services>

Pittsylvania County Health Department: Offers medical care, including vaccinations, for children and families in Pittsylvania County.

- Phone: (434) 433-24531
- Address: 200 HG McGhee Dr. Chatham, VA 24531
- <https://www.vdh.virginia.gov/pittsylvania-danville/health-services-for-children/>

Virginia Department of Health: Provides health services to children and a specialty department for children with special needs. They work closely with other local services to better serve the child and family. Services are free depending upon insurance networking.

- Phone: (540) 985-8470
- Address: 1615 Franklin Rd. SW Roanoke, VA 24016
- <https://virginianavigator.org/program/49436/resources-children-and-youth-special-health-care-needs-roanoke-area>

Residential Placements and Treatment Centers

Kid Link-The Hughes Center: In/outpatient facility in Danville, Virginia that offers services to children and adolescents in mental health crisis and follow-up care.

- Phone: (434) 836-8500

- Address: 1601 Franklin Turnpike Danville, VA 24540
- <https://thehughescenter.com>

Centra Piedmont Psychiatric Center-Lynchburg: Connection to Centra healthcare systems, they provide psychiatric inpatient and outpatient services. Pediatric services available.

- Phone: (434) 200-1673
- Address: 3300 Rivermont Ave. Lynchburg, VA 24503
- <https://www.centrahealth.com/locations/cmg-piedmont-psychiatric-center-lynchburg>

Centra Bridges Treatment Center: Also connected with the Centra medical network, they offer residential treatment for Central Virginia youth in need of care. Specializing in anxiety, depression, mood disorders, and learning disabilities.

- Phone: (434) 200-5700
- Address: 693 Leesville Rd. Lynchburg, VA 24502
- <https://www.centrahealth.com/services/bridges-treatment-center>

Jackson-Feild Behavioral Health Services: Provides services to children who have suffered trauma, mental health disorders, and addiction. They provide in and outpatient care.

- Phone: (434) 634-3217
- Address: 546 Walnut Grove Dr. Jarratt, Virginia 23867
- <https://jacksonfeild.org>

School Counselor Resources

American School Counselor Association: National school counseling organization that supports counselors and holds information such as publications, legal and ethical standards, and the ASCA National Model.

- <https://www.schoolcounselor.org>

Virginia Counselor Association: Provides support services for counselors in Virginia. Lynchburg chapter is the closest proximity to my area. The Golden Leaf chapter is closed.

- Mariah Waller, Chapter President, mariah.w93@gmail.com
- <https://www.vcacounselors.org>

Virginia School Counselor Association: Provides support services for school counselors in Virginia. Affiliated with ASCA.

- <https://www.vsca.org>

Virginia Department of Education: State organization that Virginia public schools abide by. The VDOE has resources and standards for school counselors practicing in Virginia.

- <https://www.doe.virginia.gov/programs-services/student-services/specialized-student-support-services/school-counseling-and-advisement>