

Through my professional development in this program, I can see tremendous growth in my knowledge of counseling best practices, dispositions, and skills. At the beginning of my program, I did not know what dispositions were. I did not understand the importance of counseling skills and had a very underdeveloped sense of counseling knowledge. At first this was discouraging, then I realized that I will begin my understanding of this work somewhere and will continue to build my knowledge throughout this program.

Now, as I have progressed more and more each day in my program, I can confidently say that I have a strong understanding of what it means and practically looks like to be a comprehensive and responsible professional school counselor. I have learned so much from the various professors I have had the privilege to learn from and ask questions of. My counseling skills have improved with the vital learning in class and my real-life experiences as an Elementary School Counselor. I now have a substantial understanding of what counselors do and how they should act in the profession.

While I do not claim to know everything, I feel confident moving forward in my learning journey. One of the beautiful things about this career that attracted me to it, is that I will never stop learning how to improve and grow. I will continue to learn in this profession for my entire career, and I will ever be evolving with it. I am grateful to continue learning even past the conclusion of my program, and I am excited that I get to be a part of actively and daily impacting other people's lives for the better.