

Culminating Project

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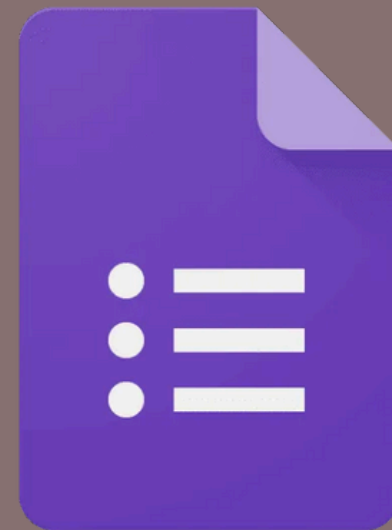
Self-Efficacy Skill Building

4th Grade Unit

Sources of Data



**Panorama School
Data**



Google Forms

Teacher Survey



**Pre & Post
Assessment Data**

Needs Assessment



PANORAMA
EDUCATION

Four Corners Elementary

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[Students](#)

[Comparisons](#)

[Response Rates](#)

What is one thing you wish your teacher knew about you?



that I'm nice and sweet when I was younger but.. when you get older you start to feel like being lonely or being left out and that's how I feel ALL THE TIME .

QUESTION



During the past week, how often did you feel loved?

52%

▼ 5

QUESTION



During the past week, how often did you feel happy?

59%
responded
favorably

▼ 12

from Spring
2024

Panorama Data

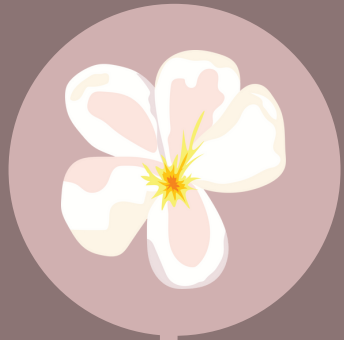
Needs Assessment Continued...

Friendship issues- needs guidance on how to find and keep friends that will be good/encouraging influences. Also needs strategies on how to avoid those people that will be negative influences. Struggles to end friendships that are not good for her. Fear/anxiety.

Staying organized, finding good friends. (He has home struggles right now, the advice and strategies might be just what he needs.)

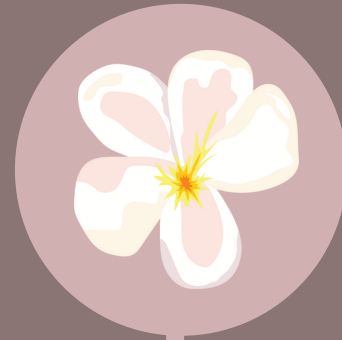
Teacher Survey

Unit Lessons



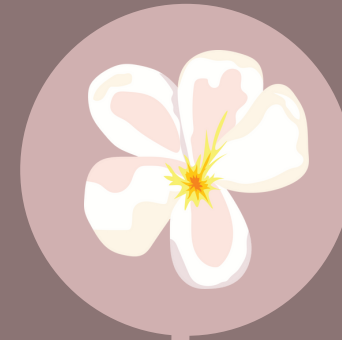
Lesson #1

Pre Self-Assessment
&
"I Am" Activity



Lesson #2

Behind My Mask Activity
&
Discussion



Lesson #3

Challenging negative self-
talk with affirmations
&
Post Self-Assessment

Mindset 1

Belief in development of whole self, including a healthy balance of mental, social/emotional, and physical well-being

Behavior SMS-7
Effective Coping Skills

Mindsets & Behaviors

Ability to identify and overcome barriers
Behavior SMS-6

State Academic Standard

Standard 1

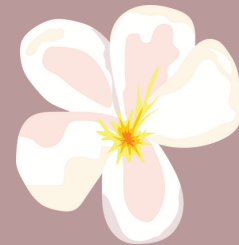
Self-Awareness and Identity



Identify and reflect
upon one's thoughts,
emotions, behaviors,
intersectional identity,
and
capabilities across
situations and
environments

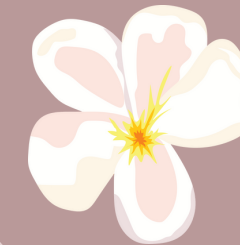
Oregon's
Transformative Social
and Emotional Learning

Pre-AIA Standards



Foundations

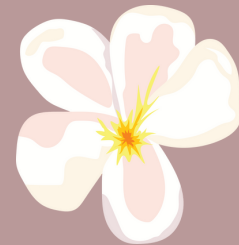
Lays the groundwork for students transitioning into future grades, equipping them with the fortitude to succeed.



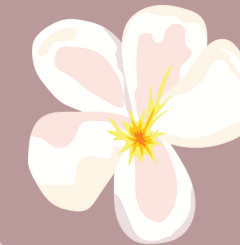
Counseling Prevention and Intervention

Works to intervene in students' self-esteem and alter its trajectory

Pre-AIA Standards Continued...

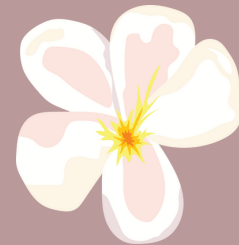


Diversity and Advocacy.
Allows for students'
perspectives to be heard and
personal needs identified

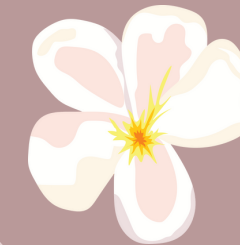


Assessment
This pre & post self-
assessment allow for a
deeper look into how the unit
impacts student growth

Pre-AIA Standards Continued...



Research & Evaluation
Tracking data from last school year and comparing to this school year shows trends to evaluate



Collaboration & Consultation
Accounting for both student and teacher perspectives of needs gives a well-rounded consultation of needs

Culturally Inclusive Practices

Accounts for student
perspective and voice.
Creates a school environment
that welcomes and
appreciates various insights
and solutions.

Unit Evaluation

7%
Decrease

Pre

QUESTION

During the past week, how often did you feel happy?

59%
responded
favorably

12

from Spring
2024

QUESTION

During the past week, how often did you feel happy?

71%
responded
favorably

4

from Spring
2024

Pre

QUESTION

During the past week, how often did you feel loved?

59%
responded
favorably

7

from Spring
2024

QUESTION

During the past week, how often did you feel loved?

52%
responded
favorably

5

from Spring
2024

Post

Post

12%
Increase



References



**American School Counselor Association (2021).
ASCA Student Standards; Mindsets and
Behaviors for Student Success**

Oregon's transformative social and emotional learning



https://www.oregon.gov/ode/educator-resources/standards/SEL/Documents/ODE_Oregon%27s%20Transformative%20SEL%20Framework%20%20Standards_FINAL%20%282%29.pdf

