

Internship Project: Small Group Program

Internship Student Name _____ Linnea Puckett _____

Internship Site _____ West Limestone High School _____

Internship 1 _____ Internship 2 X

Internship Site Supervisor _____ Bob Watson _____

Please note: The following small group program is to align clearly with the standards for school counseling and is to be related to improving student academic achievement. The small group topic may be social/emotional learning in nature or psychoeducational in nature. Collaborate with your site supervisor to ensure the project is beneficial to the group members and meaningful for you. Your project will need to align with the standards listed on the **Advanced Internship Assessment (AIA Internship Competencies)** and the **ASCA Mindsets and Behaviors (ASCA, 2021)**. It is possible for a project to align with more than one standard listed on the AIA, as well as align with more than one ASCA Mindsets & Behaviors Standards. List all standards that align with your small group program.

Grade Level of Small Group Participants: _____ TBD (students still need to sign up for group, then I will know) _____

Briefly Describe Goal of Small Group: *(What skills, knowledge, or behaviors will your students take away from participating in this group?)* _____ Students will advocate for their needs, collaborate and connect with peers, and challenge themselves. Also, Students will connect schoolwork to goals, set short and long-term goals, and name several available avenues for their future. _____

Topic/Title of your Small Group Program: _____ Connection and Goal setting _____

Please identify the title/focus of each session.

Session 1: _____ Connecting and collaborating with peers _____

Session 2: _____ Advocating for my needs and expressing my feelings _____

Session 3: _____ How do I study? _____

Session 4: _____ Connecting schoolwork to life _____

Session 5: _____ Building my short term and long term goals _____

Session 6: _____ What is available to me for my future? _____

optional session 7: challenging myself and my ability

- A. Provide at least two existing data sources to identify and support the need for this small group topic at this internship student's particular site. *(Be sure to address achievement, attendance, and/or discipline.)*

Needs Assessment: The needs assessment, completed by both students and staff, identifies current needs in the school.

Behavior data: Student incident count identifies students with high behavior count throughout the present school year and would likely benefit from the first half of the small group. Also, the Individual incident report for 6 months centered on high school students shows patterns among students and identifies students who may also need the first half of this small group

- B. **Needs Assessment:** Discuss who will be surveyed to support the need for this small group program topic at this internship student's particular site. (*Examples: students, parents/guardians, faculty, administrators, counselor advisory committee, etc.*) As stated above, the needs assessment was accessed and opened by both students and staff. Middle and High school students were able to report needs they saw in themselves as well as in their classrooms. Staff included teachers, specialists, administrators, lunch staff, and janitors.
- C. Identify which AIA Standard(s) and ASCA Mindsets and Behavior Standards the small group program aligns with and provide rationale for this identified alignment.
- a. *AIA Examples: FOUNDATIONS, COUNSELING PREVENTION & INTERVENTION, DIVERSITY & ADVOCACY, ASSESSMENT, RESEARCH & EVALUATION, ACADEMIC DEVELOPMENT, COLLABORATION & CONSULTATION, and LEADERSHIP.*

AIA standards present: Counseling, Prevention, and Intervention, since this is a small group that will offer interventions to help with current needs in the school. Diversity and Advocacy: The group will contain representation of diversity, as well as teaching students to advocate for their needs. I will also be advocating for this small group and its importance to encourage students to sign up, and the administration to approve the small group. Research and Evaluation: I will be using data gathered to conduct interventions, and I will be researching best practice techniques to use to teach subjects. Collaboration and Consultation: I will be collaborating with staff to find students who will benefit from the small group. I will collaborate with the Career coach to come in for one session to talk about future options and avenues. I will consult with my site supervisor to ensure best practice while working with the small group.

- b. *ASCA Mindsets and Behaviors:*
<https://www.schoolcounselor.org/getmedia/7428a787-a452-4abb-afec-d78ec77870cd/Mindsets-Behaviors.pdf>

ASCA Mindset and Behaviors present: B-LS 1 Critical thinking skills to make informed decisions (Students will determine three personal career/vocational possibilities and specify the relevant requirements for each). B-LS 2. Creative approach to learning tasks and problem solving (Students will create "mind maps" connecting different ideas, thoughts, opinions, relationships, and understanding those connections. And create a career map with a designated life goal (destination) along with personal skills and talents, necessary training and/or education

needed, and potential barriers.) B-LS 3. Time management, organizational, and study skills (students will describe a variety of study skills (mnemonics, chunking, scheduling, utilizing resources, peer support, etc.) and develop specific study tools (Cornell note taking process, graphic organizers, mind maps, etc.) B-LS 7. Long and short-term academic, career, and social-emotional goals (students will connect current school work to future opportunities. Construct a goal plan, with observable, behavioral steps, that moves them toward goal achievement, etc.). B-SMS 1 Responsibility of self and others. B-SMS 2. Self-discipline and self-control. B-SMS 5. Perseverance to achieve long-term and short-term goals. B-SMS 6. Ability to overcome barriers to learning. B-SMS 7. Effective coping skills. B-SS 1. Effective oral and written communication skills and listening skills. B-SS 2. Positive, respectful, and supportive relationships with students who are similar to and different from them. B-SS 4. Empathy. B-SS 6. Effective collaboration and cooperation skills. B-SS 7. Leadership and teamwork skills to work effectively in diverse teams. B-SS 8. Advocacy skills for self and others, and the ability to assert oneself when necessary. B-SS 10. Cultural awareness, sensitivity, and responsiveness.

- D. Identify how the small group program is culturally sensitive. Identify strategies included in the group that promote a positive, caring, and safe learning group environment for all students.

Besides the plan to have students who are culturally diverse in the small group, the small group will also ensure cultural sensitivity through the group rules. We will also include discussions of cultural differences when working and connecting with fellow students. Verbal conversation and open dialogue will be the strategy used here.

- E. Describe how you plan to evaluate your small group program for data to show success, as well as areas to enhance and/or improve. (*Be sure to address achievement, attendance, and/or discipline.*)

Grade reports, teacher observation reports, assignment improvement, behavioral reports, and student check-in. I will use grade reports, teacher observation reports, and assignment improvement to evaluate the effectiveness of teaching study skills and collaboration skills. I will use behavior reports and student check-ins, as well as any graphic organizers and mind maps completed in group as an evaluation of improvement in social skills and behavioral problems.

F. References

American School Counselor Association (2021). *ASCA Student Standards: Mindsets and Behaviors for Student Success*. Alexandria, VA: Author

American. (2021). *ASCA National Model Implementation Guide*.

Internship Student Signature Linnée S. Puckett Date 02/04/26
(Signature required. Typed names not accepted.)

Internship Site Supervisor Signature J. V. R. W. R. Date 02/05/2026
(Signature required. Typed name not accepted.)