

Initial Interview

Identifying Information

Student Name: Eijiro Kirishima
Address: 12590 Millian St, Musutafu, Japan 100-0000
Phone number: (045)-777-9250
DOB: 10/16/2008
Gender: Male
Occupation: Intern
Work/school: UA High
Emergency contact: Mother: Kamujaki Kirishima (045)192-5632
Date of interview: 08/28/25

Reason for Referral

This student would be a good candidate for participation in the Summer Mission Trip in a very challenging environment. He is referred for this job by his high school teacher, Shota Aizawa. He is referred to receive an evaluation/recommendation from the school counselor.

Current Situation and Functioning

Eijiro likes to work out daily and follows an exclusively meat-based diet. He enjoys coming to school to train in combat/fighting skills. He receives tutoring for academic work. Eijiro engaged in self-esteem affirmations and self-expression through art to deal with stress and/or depression. He actively participates in class bonding exercises, working on his problem-solving skills, conflict resolution, empathy, and cooperation. Eijiro is confident in confiding in his friends and engages in self-regulation healthily. His self-perceived strengths are manliness, chivalry, and being a good friend. He believes his weaknesses are a lack of self-confidence and low self-esteem. According to the Mental Status Exam, besides struggling with self-esteem to a small degree, Eijiro is of a strong, healthy state of mind, and the risk assessment reveals he is at no risk of endangering his life or hurting himself purposefully.

Relevant Medical and Mental Health Treatment History

Eijiro has no disabilities, but due to his frequent training in combat and fighting skills, he has experienced several injuries to the body and head. These injuries ranged from minor to highly severe, with a need for a trip to the doctor. There are no known or current severe diseases in blood relatives. As mentioned above, Eijiro has had to be hospitalized several times due to severe injuries obtained during combat training. His relatives also have no known or current psychiatric and substance abuse disorders.

Family History

Eijiro lives with both of his parents, and there is no current issue in their relationship. Eijiro gets along well with his parents, and they support his goals and dreams. He is the oldest of

five siblings (two sisters and two brothers), and they are a close-knit family that gets along well and supports one another.

Throughout his childhood and into high school, Elijiro was always very close with his family and felt supported and loved by his parents. He helped out a lot with his younger siblings, playing the role of big brother by protecting and supporting them as they grew up with him. His parents encourage his desire to emulate his hero and support his aspiration to become a hero himself in the future. Relationship with outside relatives is unknown, as they are not currently in the picture in his life, nor does he spend any time with anyone outside of his family besides friends.

Social and Developmental History

During what Erickson calls the “Industry Vs. Inferiority” Stage (Ages 6 -11) Elijiro faced bullying, with some of his peers for being what they considered weak. This might have led to his current issue of low self-esteem and self-confidence. During this time, he got through the bullying by inspiring to be like his celebrity “Crimson Riot,” who taught him what true manliness looks like and made him realize that manliness is “living life without regret.”

Elijiro is very outgoing and easy to get along with. When he entered his “Identity vs. Role Confusion” stage (ages 12-18), he found it relatively easy to make new friends and even managed to befriend the high school bully and be a positive influence on him. His friends think very highly of him and would often encourage or praise him. His teacher states that he is very respectful and very hardworking. He also completes tasks when asked to and encourages his friend to do the same. His academic performance is low, but he attends tutoring to help him keep up with the class. He enjoys combat/fighting as a sport. He specializes in hand-to-hand combat, and his trainer would say that his skills are above par.

Educational and Occupational History

Elijiro attended Mustafa Private Middle School and graduated before heading to UA High School, where he is currently in his second year. He works as a part-time intern at “Fatgum Agency where he trains in combat skills and works on-site jobs in protection and security. He volunteers as a public works helper. His job performance, according to his boss, is impeccable and only results in leaves of absence when he's injured on the job. Because he works for a security team, Elijiro does face occupational injuries occasionally; however, the Agency covers all occupational injuries through insurance.

Cultural Influences

Elijiro is a Japanese student. His home language is Japanese, and he is an ELL with English being his second language. His family all speaks Japanese at home, and all of Elijiro’s friends

speak Japanese prominently when with him. Elijiro immerses himself in Japanese culture, honoring all traditions, attending all festivals, and eating exclusively Japanese food. He does not celebrate or participate in any other culture besides his own. In school, He is exposed mainly to English culture in coursework requirements, the school also celebrates and participates in Japanese culture, and most of his teachers speak Japanese. One of the issues in the assessment is the language barrier. With that, the test or assessment will need to be modified to the language that Elijiro often uses and is more familiar with. The other issue is cultural knowledge of traditional beliefs and values in Japan. Assessors will need to be made aware of traditional values in place, as they might affect the assessment response if not recognized. For example, Elders are considered someone to be honored and respected, and their decisions for the kids are usually accepted and obeyed.

Plan of Action

Based on the information gathered in the interview, I would recommend Elijiro join the Summer Mission Trip. With his training background and glowing reviews from his job, I believe Elijiro is more than capable of handling himself in a challenging environment. Although he lacks self-confidence and struggles with self-esteem, he has enough motivation and friends who support him to help him overcome times when he questions his ability to succeed. I would recommend that he attend counseling to help him build his self-esteem and self-confidence.

The plan of action for Elijiro is to encourage him to attend counseling for a short period to address his lack of confidence in himself. This can be offered to him before and after the Summer Mission Trip. Because Elijiro is a person who believes in connection, I believe it would be best to use person-centered theory. We can also use solution-focused therapy to help him plan for his Summer Mission Trip and what obstacles he foresees coming from the trip. Solution-focused will offer Elijiro the tools and methods he would need to solve a situation in which he is lacking confidence in his decision-making. While the Person-centered theory will work on helping him come up with strategies that challenge negative thoughts and target low self-esteem

One Intervention I would consider using is the crisis journal. We can use the journal to come up with scenarios he fears he might face and scenarios he will face, then use the journal to talk out all the possible outcomes and consequences of decisions, so that Elijiro can build his confidence in his decision-making. He can also use the journal to see how some of his previous fears might be unfounded and challenge his thinking in regards the seriousness of a matter.

Another Intervention I would consider using is words of affirmation daily in the mirror, or finding words of affirmation. Elijiro has exhibited traits of being influenced easily by motivational quotes and speeches made by his celebrity hero and friends. He often uses these conversations as motivation to push through trials and tribulations where he doubts himself. I would encourage him to continue to do this, as well as find a quote or speech to listen to or read. Changing it daily so he has a new source of motivation and can build his self-esteem.