

Qualitative Research Report

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I have no conflict of interest to name at this time.

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I chose to write on the Qualitative Research. The following passage is the case scenario I will be investigating and reporting on. Counselors and school counselors are concerned about the current trend in the use of technology and how excessive use of technology can lead to an increase in mood disorders and addiction. Research indicates this is particularly true for our youth. A complicating factor is that many youth use technology every day as a source of connection and socializing; therefore, researchers determine it would be helpful to better understand the motivation for youth's use of technology and how their use influences their behaviors. First, the authors must identify a theoretical framework for their qualitative study.

Exploring the experiences of youth who use technology can help counselors develop appropriate interventions to support those negatively impacted by overuse. The purpose of this study is to explore youth motivations for using technology and to examine how their use might affect their daily functioning.

Q and A

What is the Research Question

The research question posed by this case scenario is: *What are the youth's motivations for using technology, and how does it impact their daily functioning?*

What type of study design is used? Explain.

The type of study design used was Consensual Qualitative Research. The participants were given a semi-structured interview on their internal attitudes towards technology that was then analyzed by a small team that came to a consensus on the meaning of the data gathered.

What themes emerged from the interviews, and how do the participant quotes inform the theme?

The themes that emerged from the interviews are: Youth use technology as their main source of peer connection, and Youth use technology when it is expected of them. For the first theme, the quotes from the participants talk about using technology to play games and connect with peers after school. The second theme quotes talk about the expectations of friends for the participants to be replying to messages or engaging in conversation online, even when it is a school night.

How do these themes address the research question?

The themes addressed some of the motivations that youth might have for using technology. As mentioned above, some of the motivations for using technology are connection to peers and expectations by peers. Some of the quotes stated in the second theme also show evidence of the effect that technology has on youth (not being present with family during meals, chatting on a school night, etc.).

What are the implications of the results for the study and the counseling field?

The implications of the results from this study can help us recognize both the positive and negative effects of technology use among youth and how it may affect their academic success. As a school counselor, it might be a matter of teaching students healthy management of technology use. The results of the study inform us of encouraging technology for peer connection; we need to encourage the use of technology in a time management manner. Students should be taught how to manage and balance their social life with their academics.

References