

KINDERGARTEN (End of the day 2:00)

Academic skills needed

- Listening and following directions
- Ignoring distractions
- Keeping materials organized

Emotional skills needed

- Recognizing and expressing emotions
- Expressing needs
- Taking breaks when needed to regulate emotions

Self-management skills needed

- Self-filtering (think it or say it?)
- Stop, think, act
- Using effective calming strategies
- Handling strong emotions

Social skills needed

- Making and maintaining friendships
- Having a conversation
- Respecting/including others
- Collaborating with groups/partnerships
- Understanding other's emotions
- Resolving conflict

Career skills needed

- Awareness of personal skills, interests, and values and how they relate to the world of work

Other Concerns

N/A

FIRST GRADE (9:50-10:15 or after 2 pm)

Academic skills needed

- Listening and following directions
- Ignoring distractions
- Keeping materials organized

Emotional skills needed

- Taking breaks when needed to regulate emotions

Self-Management skills needed

- Social filtering (think it or say it?)

Social skills needed

- Respecting others
- Responding to incidents of teasing/bullying

Career skills needed

- Awareness of personal skills, interests, and values and how they relate to the world of work.

Other concerns

- Negative behaviors (i.e., disruptive and off-task)

Other Lessons

- Being a friend/doing the right thing (in class)

FIRST GRADE (Daily from 11:20-11:30 or 2:10-2:30)

Academic skills needed

- Listening and following directions
- Ignoring distractions

Emotional skills needed

- Recognizing and expressing emotions
- Expressing needs

Self-Management skills needed

- Stop, think, act
- Practicing mindfulness

Social skills needed

- Respecting others
- Perspective taking

Career skills needed

- Understanding of educational requirements for careers of interest

Other concerns

N/A

FIRST GRADE (first thing in the morning or at the end of the day)

Academic skills needed

- Listening and following directions

- Managing time

Emotional skills needed

- Recognizing and expressing emotions

Self-Management skills needed

- Social filtering (think it or say it?)
- Practicing mindfulness

Social skills needed

- Having a conversation
- Collaborating with groups/partnerships
- Resolving conflict

Career skills needed

- Awareness of personal skills, interests, and values and how they relate to the world of work.

Other Concerns

- Inappropriate language usage

SECOND GRADE (T, W, or Th at 8:30 am)

Academic skills needed

- Listening and following directions
- Managing time
- Ignoring distractions
- Keeping materials organized

Emotional skills needed

- Recognizing and expressing emotions

Self-Management skills needed

- Social filtering (think it or say it?)
- Stop, think, act
- Practicing mindfulness

Social skills needed

- Making/maintaining friendships
- Respecting others
- Understanding others' emotions
- Perspective-taking

Career skills needed

- Awareness of a wide variety of career options

Other concerns

N/A

SECOND GRADE (Whenever you can)

Academic skills needed

- Listening and following directions
- Ignoring distractions
- Keeping materials organized

Emotional skills needed

- Expressing needs

- Taking breaks when needed to regulate emotions

Self-Management skills needed

- Social filtering (think it or say it?)
- Using effective calming strategies
- Handling strong emotions

Social skills needed

- Making/maintaining friendships
- Respecting others
- Understanding others' emotions
- Collaborating in groups/partnerships
- Responding to incidents of teasing/bullying

Career skills needed

- Awareness of personal skills, interests, and values and how they relate to the world of work

Other concerns

N/A

SECOND GRADE (11:45-12:15 or 1:00-1:30)

Academic skills needed

- Listening and following directions
- Keeping materials organized
- Setting and measuring goals

Emotional skills needed

- Recognizing and expressing emotions

Self-Management skills needed

- Social filtering (think it or say it?)

Social skills needed

- Respecting others
- Having a conversation

Career skills needed

- Awareness of a wide variety of career options
- Researching career options
- Awareness of personal skills, interests, and values and how they relate to the world of work
- Understanding of educational requirements for careers of interest

Other concerns

N/A

THIRD GRADE (11:00-11:30)

Academic skills needed

- Listening and following directions
- Setting and measuring goals
- Keeping materials organized

Emotional skills needed

- Expressing needs

Self-Management skills needed

- Social filtering (think it or say it?)
- Stop, think, act
- Practicing mindfulness

Social skills needed

- Collaborating in groups/partnerships
- Perspective taking

Career skills needed

- Researching career options
- Awareness of personal skills, interests, and values and how they relate to the world of work

Other concerns

N/A

THIRD GRADE (N/A)**Academic skills needed**

- Listening and following directions
- Keeping materials organized
- Managing time

Emotional skills needed

- Recognizing and expressing emotions

Self-Management skills needed

- Social filtering (think it or say it?)

Social skills needed

- Respecting others
- Understanding other's emotions
- Resolving conflict
- Responding to incidents of teasing/bullying

Career skills needed

- Understanding educational requirements for careers of interest
- Awareness of a wide variety of career options
- Researching career options
- Awareness of personal skills, interests, and values and how they relate to the world of work

Other Concerns

N/A

SUPPORT STAFF (N/A)**Academic skills needed**

- Listening and following directions

Emotional skills needed

- Recognizing and expressing emotions

Self-Management skills needed

- Stop, think, act

Social skills needed

- Resolving Conflict

Career skills needed

- Awareness of personal skills, interests, and values and how they relate to the world of work.